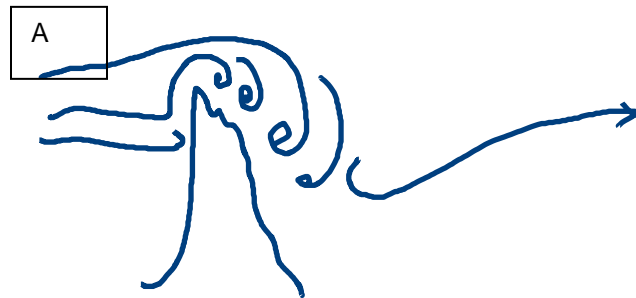


## The Questioning Process

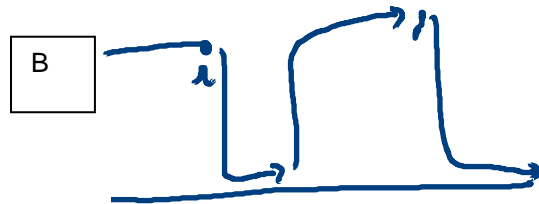
People are often puzzled with this part of the work, and wonder how I know what questions to ask and how I find the problems. I use the analogy of water running over rocks, not only to understand what issues arise, but also as an analogy of moving energy and how that occurs.

In the diagram A) I have a picture of a rock with water moving over it. Because the rock is an obstacle in the path of motion, it creates a rush of sound and turbulence on the one side of the rock. The rock is some emotional 'catch' still embedded in your emotional mind. The moving water is your life, and your dialogue.



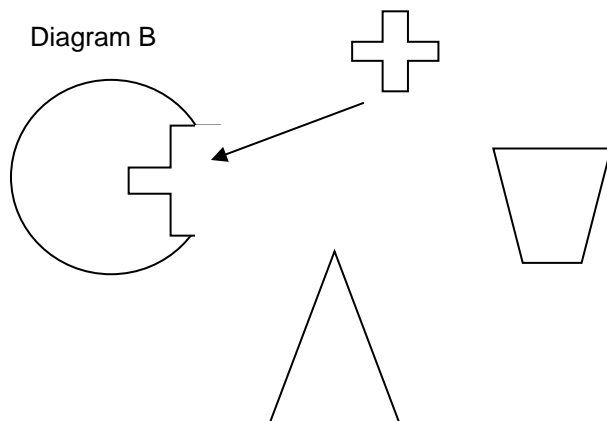
I 'hear' the sound of the rushing, and I can pinpoint the rock, which is the obstruction.

Listening to you talk, I become aware of the emotional intent used in connection with what you say, and comparatively with what you want to create in your life. Working with words is my tool, and I ask why you use whatever word it was that you used. What does the word you use, mean to you. The word used, is often used out of context with the general meaning of the sentence and can also be out of alignment with social understanding as well. People can become quite sensitive to the words they use and feel I don't understand them. I do. What I do is diagnostic of the rock. Now the rock is very, very sensitive to you.



In the second diagram, the top line is where you like to think from, and contains all your reasoning and explanations for things. You prefer to walk around the issue, and have a thousand explanations for why it might be in your life. Where the rock causes ripples, I then

delve down below to your emotional mind and ask about your feelings here. In actual fact you are much more comfortable with your explanations, and then try to tell me what you think it means. You go back to the top again. I wait until another crack appears, another word or feeling, and then we go back down again. Lots of things come up. People can become angry and defensive. But as soon as you enter into it, the emotions flood up then are gone. Usually it happens in minutes, and passes as if it never happened.

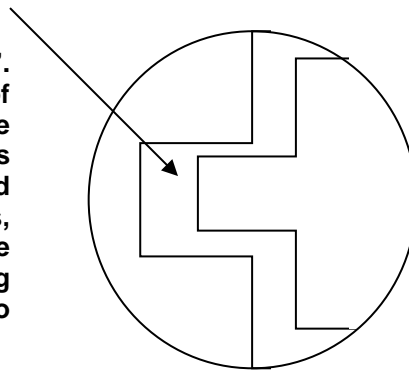


**As an adult, with your 'perception' and attitude, you find it easier to get on with people whom you understand and understand you. Of course this would be the cross shape in this instance.**

In Diagram C the shape in the middle is the common “issue”. Although both sides might think they have nothing in common, they do.

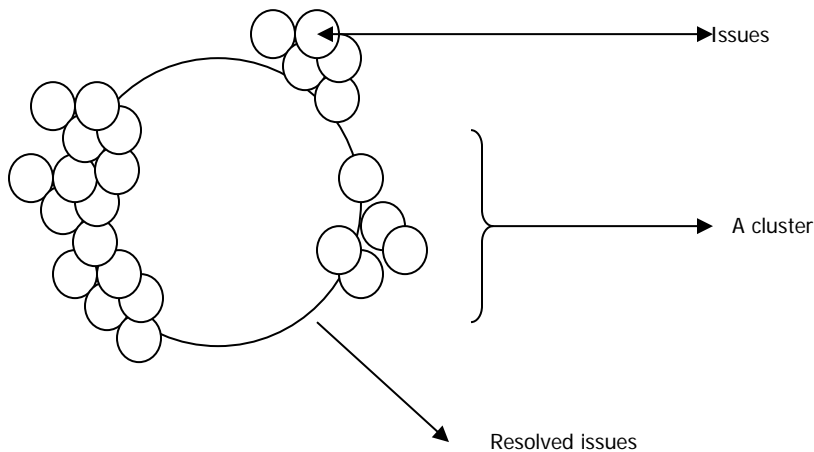
The common shape is the reason why people ‘fall in love’. What they are really loving, is the completion of themselves, as a unified whole. Of course we need to be able to be whole in ourselves. This type of relationship is co-dependant. It is the reason we admired someone, and it will be the same reason for divorce, the same betrayals, the same heartaches, the same fear etc. Until the shape is removed, it is also the reason why we keep attracting and being attracted to the same people we are trying to ‘get over’, a pattern we are trying to leave behind.

Diagram C



### Working with the Healing Process.

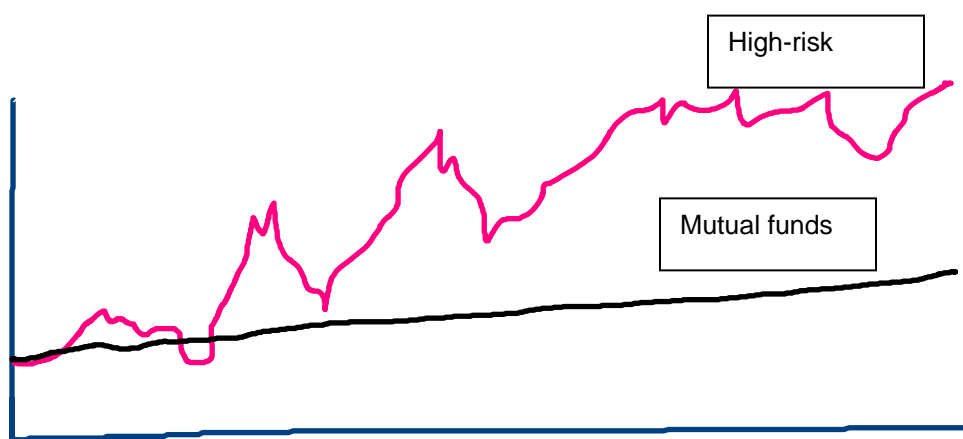
I am going to break the large diagram down to address each portion one at a time.



The large circle is you. The smaller circles are individual issues, and groups of issues linked together around a common theme are called clusters. There are bare areas of the large circle and these areas have been resolved. When people look at you and see a ‘bare’ area, it is very much like looking into a mirror for them and you will have one of two reactions. You might find that person become very irrational, blaming you for something or attacking you in some way without provocation on your part. It will also feel that it came out of the blue. What that person will be trying to do is to have you ‘take’ an emotion that you cover that area up. They do not want to see themselves at all. The second reaction could be that another person will want help with whatever their issue is, knowing that you have sorted that issue out somehow. The more ‘bare’ spots you have the clearer you are to the god within. Your light shines brightly.

Removing issues can be done in a number of ways, and I prefer to remove clusters rather than individual issues. (Remember here that we are not doing therapy, only releasing the emotion, which is stored in the emotional mind).

I use the analogy of a stock market where you have mutual funds vs. high-risk stocks. If you go to any bank, they have charts which show the growth of different stocks compared to mutual funds and they usually look something like this:



The black line would represent a mutual fund which is slow growing, but steady over a period of years. High risk stocks are represented by the pink line. High risk stocks make drastic changes but the potential income is greater.

Imagine carrying a heavy weight and what you feel like when you put it down. For a few seconds afterward, there is a sudden 'lift' to your step. If you were to put the items down one at a time, you would not experience that lift because it would be gradual. In this sense it is the same as mutual funds. The sudden lift you experience letting go a group of items, actually gives you a boost that is higher than the cumulative experience of letting an item go one at a time.

In the next diagram I have symbolically drawn to 'poles' to which you can be magnetically drawn towards. Consider that your clusters are iron and the earth energy or earth experience is magnetic to iron. It would be hard to have 'lift off' to a higher state of consciousness with this down ward pull or gravitation. You would 'sit' on the earth.